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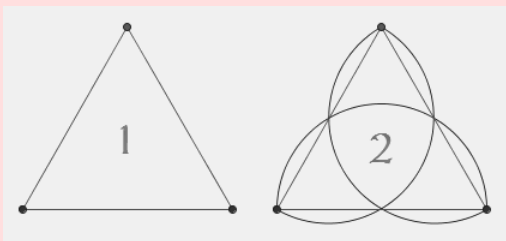


June 10, 2020



## A Trinity Knot

We've just celebrated Trinity Sunday. Try drawing your own symbol of the holy Trinity (called the "Triquetra") starting with a simple triangle and adding some arches! Embelish it as much or as little as you like.



[Click here](#) for the hymn "On Eagle's Wings" from Christine

## Read From Your Bible This Week

Genesis 18:1-15

Psalms 116:1-2, 12-19

Romans 5:1-8

Matthew 9:35-10:8



Christine had hip surgery last week but is now home and recovering well. We pray for her continued healing!

## A Message from the Moderator

The Moderator of the General Assembly of the Presbyterian Church in Canada **[shares her thoughts on racism \(click for the whole reflection\)](#)**.

"Last weekend when I considered the story of the first Pentecost after Jesus' death and resurrection, I was struck by the description of the crowd of people from every nation under heaven hearing about God's deeds of power in so many different languages. God's vision was for a church that was gloriously diverse in language, culture, colour, gender and age. And yet, we are still so far from honouring all people and thanking God for the diverse and beautiful ways that the Spirit fills us and works in our lives. As a church, we should know this, and take up our responsibility to speak and to act for justice for those who are being oppressed, abused, and killed. We must do something, because black lives matter.

I am not saying that "all lives matter," because that's another thing that I have learned. Of course, all lives matter, but all lives are not being threatened. Some have explained it by saying, "If your friend gets a cut on their arm are you gonna wait to give all your friends a Band-Aid because all arms matter? No, you would help your friend who was bleeding because they are in pain and in need."

# Pastor's Parable

In light of the challenges the world has encountered in these recent weeks. I have been touched by the memorable words of Dr. Martin Luther King, Jr. in his speech "Where Do We Go From Here?," delivered in Atlanta on August 16, 1967.

"And I must confess, my friends, that the road ahead will not always be smooth. There will still be rocky places of frustration and meandering points of bewilderment. There will be inevitable setbacks here and there. And there will be those moments when the buoyancy of hope will be transformed into the fatigue of despair. Our dreams will sometimes be shattered and our ethereal hopes blasted. But difficult and painful as it is, we must walk on in the days ahead with an audacious faith in the future....

When our days become dreary with low-hovering clouds of despair, and when our nights become darker than a thousand midnights, let us remember that there is a creative force in this universe working to pull down the gigantic mountains of evil, a power that is able to make a way out of no way and transform dark yesterdays into bright tomorrows. Let us realize that the arc of the moral universe is long, but it bends toward justice." May it be so this day and always. Thanks be to God.



[A Video Message from Rev. Mitch](#)

## Thursday Virtual Coffee Time



Please join Rev. Mitch for a virtual visit on Zoom!

June 11th at 10:00 am

[Click here for the meeting link](#)

If you need to phone in, find your local call in number [here](#)

The meeting ID is:

873 4733 6174

*We bind unto ourselves today  
The strong name of the Trinity  
By invocation of the same,  
The Three in One, and One in Three.  
Of whom all nature has creation;  
Eternal Father, Spirit, Word,  
Praise to the Lord of our salvation;  
Salvation is of Christ the Lord. Amen.  
-Celtic Trinity Prayer*

## *An opportunity for learning from St. Andrew's Hall at UBC*

Coming this Fall at the Center for Missional Leadership – Certificate in Missional Leadership:

Forming and Reforming Christ-following Communities in a Secular Age During Covid and Beyond. Led by Tim Dickau. Six sessions over seven months exploring together subjects such as neighbourhood and parish vision, involvement and engagement; formation of thicker, porous and local community; pursuit of systemic change in areas such as housing and First Nations reconciliation; and a more communal discipleship and evangelism. For more information and registration [see this website](#)