



This Week at St. Andrew's

October 12, 2020



Pastor's Parable

Were you grateful yesterday? Yesterday was Thanksgiving, 2020. 2020, perhaps the most difficult year in memory in which to be grateful. Even the holiday itself looked and felt vastly different than any other. If you were like us, we spent a quiet day at home. The nearest that we were able to get to a family member was a video call with our daughter, son-in-law and grandson. In many ways, the day vastly resembled the previous Monday and, in fact, seemed familiar to most Monday's of late. Each day for several months most days blend themselves into a web of similarity, matching the previous day and likely to match the one following.

Again, for what were you grateful? For us, we were grateful that we had one another and were together, able to spend a quiet day at home. We were grateful for the previous day in worship and for those who joined us in the sanctuary and those we knew were joining us online. We were grateful that our daughter, son-in-law and son were safe in the states likewise spending a quiet day in their own homes.

To offer, "we were grateful" may indicate that a shift is still necessary. Isn't Thanksgiving an indication of a current state of mind and heart? A shift in perspective might be more useful to ask "For what ARE we grateful?" This unlocks a much greater host of ideas than a "quiet day at home", "video call with family", etc. We are grateful...to be here...in this place...at St. Andrew's. We are grateful for God's wisdom, blessings and provision during the most difficult year in memory. We are grateful that God has promised to never leave our side, to always provide in every way and to walk beside us especially in the most difficult years in memory.

Thanksgiving is not a day, but rather a state of mind and heart. It is an opportunity to refresh our memories of how blessed we are. Thanksgiving was a day to reflect upon all for which we ARE grateful. What does your list include...

Pastor Mitch



We still need to hear from you about the worship video that we offer on YouTube. We want to know what we need to focus on to bring you a meaningful experience. Do you like the hymns? The various readers? The images? Saying the prayers out loud at home? Being able to go back over the sermon?

Please send an email to office@standrewsvictoria.ca

1. What do you like about the pre-recorded worship video we post to YouTube/ the website each week?
2. What length do you think this video should be?



Bell Choir Rehearsal:
Sunday from 11:30 - 12:30



Remember to send your submissions to the link editors by Oct 25. They can't make a congregational newsletter without contributions from the congregation! Email thelink@shaw.ca

"Soup is the song of
the hearth... and the
home."

— Louis P. De Gouy



Simple Squash Soup

- 1 large butternut squash cubed
- 1 red bell pepper, roughly chopped
- 1 medium yellow onion, roughly chopped
- 3 cloves garlic, smashed and peeled
- 7 cups water
- 1 tablespoon salt/ pepper to taste
- 2 tablespoons sugar, plus more if necessary
- 1/2 cup heavy cream

Combine all of the ingredients except for the heavy cream in a large soup pot. Bring to a boil, then cover and simmer for 35 minutes. Using a hand-held immersion blender, purée the soup until silky smooth. (Alternatively, cool the soup slightly, then purée in a blender in batches, making sure to leave the hole in the lid open to allow the steam to escape.) Stir in the heavy cream and bring to a simmer.

Get creative with soup seasonings try one of these variations:

Version 1: add 1/4 tsp allspice and 1/2 tsp cinnamon

Version 2: add 2 tsp ground poultry seasoning (parsley, sage, rosemary and thyme- just like in the song)

Version 3: add 2 tsp curry powder



[Click here](#) to fill out the
reservation form in order
to join the in-person
worship this Sunday.
Reservations are available
from Tuesday morning
until 2:00 pm Thursday.

Office Closed

Whitney is away for some
of this week so office
correspondence will be
limited to taking phone
reservations only. Your
Sunday, October 18th
worship materials will arrive
Saturday evening (October
17th) instead of Friday
evening. Thank you for your
patience!



[A video message
from Rev. Coggin](#)

Walking and Worship

You may enjoy a hot bowl of soup even more after a brisk, autumn walk. To worship while you walk, give a prayer of praise and thanksgiving before you leave. When your walk is done or at any point you feel called to, contemplate what gift of insight God has given you in the sights, sounds and smells of creation.

Psalm 104:24-25

*O Lord, what a variety of things you have made! In wisdom you have made them all. The earth is full of your creatures.
Here is the ocean, vast and wide, teeming with life of every kind, both large and small.*

Want to chat?

Pastor Mitch is available to meet with you over the phone, via zoom or in person with appropriate physical distancing. If you would like to have a visit, call or email him to arrange to meet up at a time and place that is safe and comfortable.



Read From Your Bible This Week

Isaiah 45:1-17

Psalm 96:1-19 (10-13)

1Thessalonians 1:1-10

Matthew 22:15-22

