



January 20, 2021



Pastor's Parable

Our current sermon series is the Who Am I series with focus on helping us take a deeper look at our identity as a congregation. We have been reminded that our identity is made secure through our baptism which marks us as God's Beloved forever. The final two Sundays in this series will examine our beliefs.

What do we believe and why? What are the ways in which we live out those beliefs? I remember an occasion in which it became abundantly clear that what I say that I believe was not readily reflected in the manner that I was behaving:

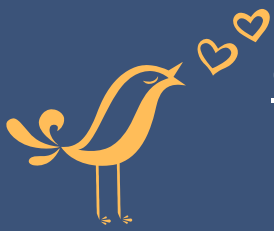
While leaving a parking garage, I was behind an SUV stopped at the exit gate. A young woman stood behind her vehicle looking frantically through her purse. She asked if she could use my parking ticket to exit as her ticket was lost. I countered that if I used my ticket for her, I would be stuck inside the garage without a ticket. Her face melted, as if all hope was lost. Then I noticed she was dressed only in a robe with her hair in curlers. Almost in tears, I heard her say, "I'm in a wedding today, I'm the bride, and I'm going to be late for my own wedding."

Suddenly, I remembered my daughter, a little more than a month before on her wedding day. I called to the girl to protest my earlier words and decision, to ask her to come back and use my ticket. She did not turn or respond, but I knew what I had to do. I got out of the car, walked to the ticket machine and put my ticket in. She saw what I was doing and protested. I told her I would figure it out, and I did.

If only I had not added to the bride's anxiety in the first place!

To re-examine my first thought. If I give you my ticket, how will I get out of the garage? is a good place to begin. This objection engages the part of our brain that says, but what about me, what will I...? Does the "me first" objection coincide with the way in which we actually want to live our lives? Do the actions of our lives bear out that we are saying and doing parallels what we say we believe. I do believe that others are important. How often do I show that to people that I do not know? I believe that life presents us with multiple opportunities to align our beliefs with our behaviour. May it be so for each of us that God will guide us to behave in ways that reflect the things in our actions and attitudes that match what we believe in our hearts.





[Click here](#) to sing to
Psalm 62



[Click here](#) for a video
message from
Pastor Coggin

Truly my soul waiteth upon God: from him cometh my salvation.

Psalm 62:1 KJV

Virtual Coffee Hour

You're invited to join in on Sunday, January 24th for a virtual gathering over zoom. Join in to share updates both big and small, reconnect with friends and church family and laugh while we enjoy each other's company.

[Click here](#) for the meeting. You can also call in using your phone. [Click here](#) to find a Canadian call in number. The meeting ID is 882 6130 4780



Why not try making a new coffee hour treat to have on Sunday morning?

Try this banana bread with one rather strange ingredient:

- 3 medium bananas mashed
- 1/2 cup mayonnaise
- 1 egg
- 1 1/2 cups flour (or cup for cup GF flour blend)
- 1 teaspoon baking soda
- 1/2 teaspoon salt
- 3/4 cup sugar
- 1/2 cup chopped pecans (or chocolate chips)



Preheat oven to 350

In a bowl mix together mash bananas, mayo and egg. In a separate bowl combine flour, sugar, baking soda, salt and pecans. Add flour mixture to wet mixture and stir just until combined.

Note: The mixture will be very thick, do not over mix. Pour into a greased loaf pan. Bake 60-70 minutes or until a toothpick comes out clean.

Remove from pan and allow to cool completely.

Did you know?

This is the International Week of Prayer for Christian Unity. Find out more [here](#).

Read From Your Bible This Week

Jonah 3:1-5, 10

Psalm 62:5-12

1 Corinthians 7:29-31

Mark 1:14-20

