





Lenten Opportunity for All

Stories—those we tell about our lives and those we hear about other's lives—are another way for us to listen to and learn about God.

In that spirit, we invite you to share a story and scripture that have shaped your life of faith. The experience might be something you do regularly like taking a walk or gardening or a life changing circumstance that has taught you about God's presence or provision in our everyday lives. We will compile the stories into a booklet of daily inspiration for people of St. Andrews to use during the Lenten Season.

The format for your contribution will include:

- Scripture: Book/chapter/verse(s)
- Brief story or experience that connects to the scripture OR explains why this scripture has meaning for you. Original poems or artwork are another option rather than a "story."
- 1-2 sentence prayer

Suggested length for the submission is ½ to 1 typed page.

If you have a question or need assistance in ANY way please contact Linda Coggin by email lindacoggin@gmail.com or phone 250-880-0932.

PLEASE SUBMIT YOUR CONTRIBUTION BY February 15, 2022.



General Assembly will Meet Online

The General Assembly of the Presbyterian Church in Canada will be held online again this year.

Everyone will be able to watch these meetings June 5th to 8th. We'll send out the link in the TWASA.

(BLACK HISTORY MONTH)

WE CELEBRATE AND GIVE THANKS
FOR THE CONTRIBUTIONS AND
PROPHETIC WITNESS OF BLACK
PEOPLE IN CANADA.



Beyond Small Talk

A recent online article discussed some of the most common questions we ask people when we are getting to know them. And while, "where are you from?" or "what do you/did you do for a living?" can sometimes spur on more conversations, here are some ideas for engaging questions to ask at your next zoom get together or while chatting outside with someone from church you don't know very well:

What is something that makes you smile?
What is the most interesting book or article you've read lately?
What is something important to know about you?

Lunar New Year- Year of the Tiger

Due to the pandemic, many lunar new years celebrations will be virtual this year. Victoria's Wong Sheung Kung Fu club have put out a video that explains the lion dance tradition and shows off their great lion dancers!

Click here to watch the video.

Gong Hei Fat Choy (learn how to pronounce it <u>here</u>) is a Cantonese new year greeting you may hear this time of year. It means "wishing you great happiness and prosperity".







Reservations for Sunday

We are still asking for congregants to register for attendance at the Sunday service. We know that many have stopped pre-registering. However, as more people attend (and we get closer to reaching our capacity of 70 attendees) we need your help to let us know if you'll be there in-person on Sunday. Please help us to prepare for worship by <u>clicking here</u> for the form to register for Sunday.

Read From Your Bible This Week

- Isaiah 6:1-8, (9-13)
- Psalm 138
- 1 Corinthians 15:1-11
- Luke 5:1-11

